



CYSTOLITHOLAPAXY POST-OPERATIVE INSTRUCTIONS

After surgery, what should I expect?

When you awake from surgery you may have a catheter in place. This will remain in for 24-48 hours following surgery. Some frequency, burning during urination, and blood in the urine is to be expected.

- Red/pink urine is not uncommon the first few days following surgery. Your urine should not be bright red, such as tomato juice, or have clots present.

Diet and Activity Following Surgery

- After surgery you will be given clear liquids such as broth, juices, or Jello. As you are able to tolerate it, you will return to a regular diet.
- Abdominal Distention, Constipation, or Bloating: Take a Colace OTC. If you have no movement after 24 hours it is fine to use a Ducolax suppository. Do not strain during your bowel during movement.
- You will be asked to walk soon after surgery to return circulation, breathing, and bowel function back to normal. This is very important in preventing the occurrence of blood clots.
- You may shower after surgery.
- Pink-tinted urine is not unusual.

Post-procedure, if you experience any of the following, please contact our office:

- Fever over 101° F, uncontrolled pain, nausea, or vomiting.
- Difficulty passing urine.
- Blood clots in urine.

Please call our office at (503) 561-7100 with questions that are not addressed by this form during the hours of 8:30 am - 12 pm and 1 pm – 4:30 pm.

In the event of an emergency, contact the doctor on call via the same number or call 911.