

AFTER YOUR PROSTATE NEEDLE BIOPSY

- Take care of yourself after your prostate biopsy. Limit your activities, and try not to do anything strenuous 24-48 hours.
- You can anticipate bright red blood in the urine and in the stool for the first day or two. Call our office immediately if you notice significant clots in your urine that may or may not be obstructing urine flow, or continued rectal bleeding past 48 hours. You can expect mild blood in the urine (pink to light red) for up to 1 month following your prostate biopsy. Increase your fluids if you notice this change in urine color.
- You can anticipate blood in the ejaculate for up to 2 months after your prostate biopsy. The ejaculate may appear rust colored.
- Call if you have chills or a fever of 101 degrees, this could be an indication of an infection and should be reported to our office immediately.
- Please be sure to take your last antibiotic pill the evening of your biopsy as ordered by your physician and as stated on your pre-biopsy instructions.
- Because of blood thinning effects do not take Aspirin, Ibuprofen, Aleve or any other anti-inflammatory for pain. You may take Tylenol if needed. If you are on blood thinners such as Plavix, Coumadin, Aspirin etc, consult your Urologist before restarting these medications.

**Please call our office at (503) 561-7100 with questions that are not addressed
by this form during the hours of 8:30 am - 12 pm and 1 pm – 4:30 pm.**

In the event of an emergency, contact the doctor on call via the same number or call 911.