

**After surgery, what should I expect?**

You will awake from surgery in the recovery room where you will stay for 1-2 hours while the anesthesia wears off.

- Expect some minor bleeding and oozing around incision site for the first week after surgery.
- Expect swelling of the penis and bruising on scrotum and base of penis that should start to diminish within 24-48 hours.

**Diet and Activity Following Surgery**

- As you are able to tolerate it, you will return to a regular diet.
- Abdominal Distention, Constipation, or Bloating: Take a stool softener as directed. If you still have no movement after 24 hours, it is safe to take a Docolax suppository.
- You will be asked to walk soon after surgery to return circulation, breathing, and bowel function back to normal. This is very important in preventing the occurrence of blood clots.
- Avoid all activity for 2-3 days post-surgery to allow the small blood vessels in the penis to heal. Once outside of the three day window, you may walk and start to gradually add activity as your body tolerates it.
- You may shower 48 hours after surgery. Be sure to rinse the incision site carefully and pat dry. Avoid soaking water of any kind (bathtub, hot tub, lake, swimming pool, etc) until the incision site is completely healed. Healing time is approximately 6 weeks.
- Your wound should begin to heal in 1-2 days and your absorbable stitches should disappear in 10-12 days.
- AVOID lifting any weight over 15 lbs for the first two weeks after surgery.
- Dressing may be removed 24 hours after surgery.
- Abstain from intercourse and masturbation for 4 weeks after surgery.

**Post-procedure, if you experience any of the following, please contact our office:**

- Your incision becomes red, swollen, or feverish.
- Fever over 101° F, uncontrolled pain, nausea, or vomiting.
- Difficulty passing urine.
- Large amounts of drainage from incision site or opening in the site.
- Bruising on the lower abdomen.
- Worrisome bleeding.

**Please call our office at (503) 561-7100 with questions that are not addressed by this form during the hours of 8:30 am - 12 pm and 1 pm – 4:30 pm.**

**In the event of an emergency, contact the doctor on call via the same number or call 911.**