

After surgery, what should I expect?

Most often this is an outpatient procedure. You will be allowed to take your child home after he has rested for a short time following his surgery.

- Expect some mild bleeding and oozing around incision site for the first week after surgery.
- Red/pink urine can occur the first few days following surgery.
- Swelling of the testes is not uncommon for the first 48 hours after surgery. You may want to use a bag of frozen peas wrapped in a towel to help reduce the swelling.

Diet and Activity Following Surgery

- After surgery the patient will be given clear liquids such as broth, juices, or Jello. The patient should return to a normal diet as soon as able.
- The patient will be asked to walk soon after surgery to return circulation, breathing, and bowel function back to normal. This is very important in preventing the occurrence of blood clots.
- Activity can be resumed immediately after surgery but have the patient avoid riding toys that must be straddled for 30 days after surgery. It is also advised that the patient avoid strenuous activity for at least 10 days following surgery.
- The patient may shower 48 hours following surgery. Bathing will also be okay because the incision site will be covered.
- The patient should avoid lifting any weight over 15 lbs for the first two weeks after surgery.
- Pink-tinted urine is not unusual following surgery.

Post-procedure, if the patient experiences any of the following, please contact our office:

- Incision becomes increasingly red, swollen, or warm to touch.
- Fever over 101° F, uncontrolled pain, nausea, or vomiting.
- Difficulty passing urine.
- Large amounts of drainage from incision site or opening in the site.

Please call our office at (503) 561-7100 with questions that are not addressed by this form during the hours of 8:30 am - 12 pm and 1 pm – 4:30 pm.

In the event of an emergency, contact the doctor on call via the same number or call 911.